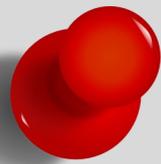


January, 2015

# Muncie Action Plan 2



# MAP Reading

Welcome to 2015

## MAP Moves into Second Half of a Decade's Work

### Heart Facts

Welcome to 2015. January is the month known for resolutions. One of the primary reasons people exercise is to improve their heart. How much do we really know about this "fist-sized" organ that acts as a pump to nourish our body? For many of us, not much. MAP's Task Force 1 focuses on education and health. As cited in America Health Rankings, Indiana ranked 41st of 50 states in terms of the general population health. Working with IU Ball Memorial Hospital, MAP encourages heart and general health awareness programs in the community. Here are a few facts:

- The heart is a strong muscular pump a little larger than a fist;
- Each day an average heart beats about 100,000 times and pumps about 2,000 gallons of blood;
- Over a 70 year life-time, an average heart can beat more than 2.5 billion times;
- Heart disease is the number one cause of death in the United States;
- Regular exercise can help prevent or mitigate the effects of heart disease. For example, a runner who runs an hour a day will have a heart that beats much less than a non-runner, resulting in a heart that doesn't have to work as hard and is healthier and less prone to heart disease.

For information about exercise programs in Muncie and Delaware County contact I.U. Ball Memorial Hospital, the YMCA, Cardinal Greenway, private health clubs, and MAP.

The Muncie Action Plan began as an idea in the summer of 2009. Its goal was to unite the efforts of Muncie's citizens to move the city beyond the frustrations of lost jobs, lost industry, and political paralysis. There was space for a new vision. The Muncie Action Plan was formed to help bridge the gap between frustration and potential.

Public meetings involving approximately 2,000 adults brought out the community's best ideas and plans. These were distilled into 47 actions under 5 initiatives ( 5 Task Forces) and adopted by the community in final form in the summer of 2010.

Much has been accomplished in all Task Forces in the five years of our existence. It is very important to understand that the Muncie Action Plan functions primarily as an apolitical facilitator, not wishing to control or operate anything, especially functions already being adequately addressed by legislative bodies, agencies and non-profits. The Muncie Action Plan has stepped directly into two major areas, early childhood education and neighborhood development, and both have evolved successfully under the able leadership of Tom Kinghorn and James Wingate, respectively. All Task Forces have made significant strides by working with other organizations in a collaborative and facilitative manner.

As we look forward to 2015 and beyond, we have the following goals:

1. To continue to support the important initiatives already underway.
2. To support and facilitate programs in mentoring.
3. To support and facilitate public health programs.

These mentoring and public health goals are potentially huge undertakings and are already being addressed by several entities. They are extremely important to every age group and individual, and collectively to our community, state, and nation. We believe we can help by encouraging strong and efficient collaboration and

by improving awareness and participation.

If additional issues develop during the year, the MAP Board is always open to suggestions from any source. The Muncie Action Plan began as a by-product of public debate and remains open to all public discourse. We encourage participation in our public meetings and invite anyone to contact any board member with any suggestions at any time. If you would like to volunteer for a MAP initiative, visit our website at [www.muncieactionplan.org](http://www.muncieactionplan.org). Have a great New Year.

*George Branam, Donna Browne,  
Co-chairs*



## Neighborhoods

MAP's Task Force 2 hosted a Holiday celebration on December 16 for the Neighborhood Presidents Council as well as some neighborhood residents. In addition to good food and conversation, a series of awards were given out...some serious...some not quite. For a listing of the awards and recipients, go to the Neighborhoods section on the MAP website. Mayor Tyler addressed the group and referenced the many

positive actions that the City is undertaking to improve all elements of the community. You can get involved in your neighborhood.

Contact MAP to find out how. Thanks to all the hard working volunteers who are making our neighborhoods better places.



Get information about MAP at <http://muncieactionplan.org>

## UPCOMING MEETINGS AND EVENTS

**Anthony-Northside** - Wednesday, January 21 at Kennedy Library, 1700 W. McGalliard.

**Ludingwood** - Tuesday, January 27 at 7 p.m. at Ludingwood/Woodlands Nursing Home, 3820 W. Jackson.

**Northview** - Monday, January 19 at 7 p.m. at Northview Elementary School, 807 W. Yale.

**Old West End** - Tuesday, January 20 at 6:30 p.m. at the Friends Memorial Church Dining Room, 418 W. Adams.

**Riverside/Normal City** - Wednesday, January 28 at 7:00 p.m. at Hazelwood Christian Church Fellowship House (Mansion), 1400 W. University.

### Celebrating Families

A multi-session event designed with you in mind! Come gain information and a better understanding of how to support your children and ensure their success. Professionals and experts from a variety of areas will be available to assist you and answer any questions you may have.

Saturday, February 7 at Glad Tidings Church  
3001 S. Burlington, Muncie  
8:00am – 12:00pm

The first 100 families to register will get free bags of groceries!

Topics	
Developmental Milestones	• Continental Breakfast
Skills for Success	• Door Prizes
Dressing for Success	• Childcare Available
College Applications	• Keynote by Wilisha Scaife
Negotiating with Adolescents ...and more!	

For more information and to REGISTER for this valuable event, please contact Penny Zellers at (765) 283-5293 or [pzellers@huffermcc.org](mailto:pzellers@huffermcc.org)  
Must register by January 30<sup>th</sup>

Brought to you free of charge by Huffer Child Care Resource and Referral, Muncie & Delaware County BS Early Childhood Initiative, Inc., Prevent Child Abuse of Delaware County, and Children's Bureau.

### Special Announcement

The East Central Neighborhood Assoc. (ECNA) will be holding a "Souper Supper" Thursday, Jan 22 at 6:30pm at the Main St. UMC Fellowship Hall, 145 S. Pershing. All residents of the neighborhood are invited to attend and meet Mayor Dennis Tyler and his Dept. Heads. The assoc. will also presenting neighborhood resident, Maura Jasper's video "Wish You Were Here" showcasing local historic homes and buildings shown in the past and present time through special video and editing effects. Soup and refreshments will be provided by ECNA board members.

### Information on Neighborhoods

Ball State's Building Better Communities (BBC) Neighborhoods program is maintaining a Neighborhood's website which can be found on MAP's website. Click on Task Forces and then Task Force 2 and a reference on the page will lead you to the BBC website. information on past and future events, neighborhood meetings, and neighborhood resources is provided.

### January 19, 2015 (12:00 PM – 7:00 PM) SHAFFER CHAPEL MUSEUM OPENING

Historic Shaffer Chappel, 1501 E. Highland Ave. In order to honor the legacy of Martin Luther King, Jr., a public opening of the newly created Shaffer Chapel Museum will take place from 12:00 pm – 7:00 pm on January 19, 2014. The museum celebrates the historical significance of Shaffer Chapel, as well as the history of the African American community in Muncie.

## GREAT PLACES AND IDEAS

The December issue of *Planning* (the magazine of the American Planning Association) identified "thirty + 1" great places in America. The analysis was done by votes submitted by thousands and College Avenue in Appleton, WI became this year's 31st great place. Here are some across the country:

### Neighborhoods

- Adams Morgan, Washington, D.C.
- Arbor Hill, Albany, New York
- Central West End, St. Louis
- The Fan, Richmond, Virginia
- Fields Corner, Dorchester/Boston, Massachusetts
- Fremont, Seattle
- Greater Belhaven, Jackson, Mississippi
- La Alma/Lincoln Park, Denver
- Uptown, Oakland, CA
- Victorian Historic District, Savannah, Georgia

### Public Spaces

- Bayliss Park, Council Bluffs, Iowa
- Cliff Walk, Newport, Rhode Island
- Delaware Park, Buffalo, New York
- Lincoln Trails Network, Lincoln, Nebraska
- Lake Mirror Park, Lakeland, Florida
- Lithia Park, Ashland, Oregon
- Ranier Vista, Seattle
- Point State Park, Pittsburgh
- Reading Terminal Market, Philadelphia
- The Lawn at the University of Virginia, Charlottesville

### Streets

- 5th and 6th Avenues—Portland Transit Mall, Portland, Oregon
- 25th Street, Ogden, Utah
- Broadway, New York City
- Central Avenue, Hot Springs, Arkansas
- Clematis Street, West Palm Beach, Florida
- Congress Street, Portland, Maine
- King Street, Charleston, South Carolina
- Main Street, Sag Harbor, New York
- Pennsylvania Avenue, Washington, D.C.
- State Street, Santa Barbara, California

### SUSTAINABILITY GRANT FOCUSING ON SOLAR AVAILABLE

The SUN grant is a financial incentive program to design and administer solar photovoltaic (PV) installations in 3 cities in Indiana (Muncie, Ft. Wayne, and South Bend, all within the Indiana Michigan Power district). SUN grants can be used to leverage investments in solar panels within the Indiana Michigan Power territory. SUN will provide up to 50% (but no more than \$30,000) towards the purchase of a solar energy system. In addition a federal income tax credit equal to 30% of the amount invested is available through the end of 2016 (not-for-profits can partner with an equity partner who donates money and takes the tax credit). The grants are competitive but will favor those that have an educational or community enhancement component. The grant application requests a two-page Letter of Interest outlining the project concepts, describing partners, outlining funding strategies and defining how the project will meet program requirements, including matching funds. This letter helps the donors know who is applying and facilitate aiding them). The grant submission date is April 15<sup>th</sup>, 2015. The following link provides information on the grant:<https://www.dropbox.com/s/koy27q1d6d50ees/SUN%20WORKSHOP%20PACKET.pdf?dl=0>.